

AUBURN

La-Bou
Al Agave Taqueria
Auburn Ravine Terrace
Valley Oaks Apartments
Sutter Auburn Faith Hosp.
Chapa De Indian Health
Jamba Juice
Original Mel's Diner
Sienna Care Center
Brookdale/Auburn Emerald
Joe Caribe's Bistro & Grill
Round Table Pizza
The Daily Egg
Taqueria La Herradura
Bagel Junction
Edellweis Restaurant
The Breakfast Club
Depot Bay Coffee
Black Bear Diner
Sierra Grill
Oaks Of Auburn
Sierra Grill Smokehouse
Sutter Med Group
Oakwood Village
Placer County Admin.
Auburn Medical Clinic
Auburn Imaging
Mom's Kitchen
Auburn Public Library
Historic Courthouse
Chamber of Commerce
Safeway Market

CAMERON PARK

Donuts Delight
Heavenly Donuts

CARMICHAEL

Elks Lodge
Arden Way Sr. Comm. Apts
Chateau at Carmichael
Sunrise Senior Living
Estaton
Mercy San Juan Hospital

ELK GROVE

Laguna Creek Racquet Club

FOLSOM

Mercy Medical
Kaiser Permanente
Whole Foods
Elliotts Natural Food
Med 7 Urgent Care

Boucanes Smokehouse
The Donut Shop
Sutter Medical
Round Table Pizza (2)
Freebirds World Burrito
Folsom Senior Center
Pete's Restaurant & Brew
Launderland
LaBou
Emeritus At Folsom
Burgerocity
Chicago Fire
Folsom Dermatology
Folsom Public Library
Lotus 8 Chinese
Pete's Restaurant
Pizza Classico
Prontos Pizzeria
Rice Express
Rubio's Fresh Mex Grill
Sutter Dental Care
Med 7 Urgent Care

GOLD RIVER

Estaton Gold River Lodge

GRANITE BAY

Granite Bay Library
Eskaton Lodge

GRASS VALLEY

Eskaton Village
Grass Valley Senior Apts
Pine Street Burgers
Chapa-De Indian Health
Lumberjack's
Penny's Dinner
Humpty Dumpty Kitchen
Bubba's Bagels
Jim Boy's Tacos
Flour Garden Bakery
Grocery Outlet
Royal Dragon Buffet
Jamba Juice
IHOP Restaurant
Natural Selection Food
Holiday Inn Express
Port of Subs
Valentine's Organic Bistro
Chamber of Commerce
Nevada City Senior Apts
Brett Hart Retirement
Holbrook Hote
South Pine Cafe
Caroline's Café
Prosperity Lanes
Charlie's Café
Paulette's Country Kitchen
Safeway Market

GRIDLEY

Laundromat
Bank of the West
Orchard Hospital

FAIR OAKS

Madison Mall Bingo
LINCOLN
Kaiser Lincoln Medical Ctr.
Awful Annie's
Waffle Barn
Villa Del Rey Assist. Liv.
Japanese Bistro
Papa Murphy's
Lincoln St. Apartments
Jack In The Box
Wells Fargo Bank
Bank Of America
Safeway Market

GREATER SACRAMENTO AREA Sample Distribution

LINDA

Peach Tree Restaurant
Harmony Health Med
Yuba County Adult Svc.
Peach Tree Clinic

LIVE OAK

River Valley Care

LOOMIS

Blue Goose Produce
Loomis Café
The Ugly Mug

MARYSVILLE

Unocal 76
Hallwood Grocery
Yuba County Senior Ctr.
Umpqua Bank
Rabobank
Dragon Inn
Rideout Hospital
Prestige Assist. Living
Marysville Post Acute Care
The Freemont Cancer Ctr.
Butte Christian Manor

NEVADA CITY

Eric Rood Admin. Center
Minor Moe's Pizza
Madelyn Hilling Library
California Organics
South Pine Café
49er Coin Laundry
Harmony Ridge Market

NEWCASTLE

Newcastle Produce
NORTH HIGHLANDS
N. Highland Comm. Center

PENN VALLEY

Northridge Restaurant
Blue Cow Deli
Players Gateway Center
Pleasant Valley Grill

PLACERVILLE

Buttercup Restaurant
49er Liquors
Curves
El Dorado County Health
Jiffy Mart
Marshall Hospital ER
Marshall Medical Bldg
Marshall Primary Care
Placerville Senior Ctr.

POLLACK PINES

Safeway Market
RANCHO CORDOVA
Cordova Senior Center
Kaiser Permanente Hosp.

Mather VA Outpatient
UC Davis Medical
Harry's Food
Safeway Market

RANCHO MURIETA

Plaza Foods
Rancho Murieta Cnty Club

ROCKLIN

La Bou
Rolling Oaks Apts
Mr. Pickles
Five Star Car Wash
E-Z Stop Market
Springfield at Whitney Oak
California Family Fitness
Kona Café

Strikes Bowling
Pottery World
Rocklin Branch Library
Granite Rock Grill
Primo Café
Safeway Market
ROSEVILLE
Waffle Square
Home Consignment
Emeritus At Roseville
Manzanita Place
Black Bear Diner
Chief Market
Four Sisters Café
Sierra Regency
Manley Donuts
Peg's Glorified Ham
Terraces At Roseville
Window Box Café
Original Pancake House
Diamond K Estates
RF CA Ripped Finish
Chubby's Diner
Antique Trove
Mercey Medical Group
Maidu Community Center
La Bou
Martha Riley Library
Roseville Library
Vintage Square Apts
Shell Service
Johnny Quick Stop
Timber Lake Lodge
Ray Stone Roseville Com.
Oakridge Health Care
Sierra Hills Care Center
Maidu Branch Library'
Office Depot
Ross
June's Café & Deli
Safeway Markets (3)
SACRAMENTO
Kaiser Permanente (6 locations)
Eggies Restaurant
Waffle Square
SMUD
Regis Homes
UCD Med Center Cypress
Natomas Racquet Club
La Bou (2)
Sacramento Food Coop
Sutter General
The Ballroom
Albert Einstein Res. Ctr.
Arcade Comm. Library
Arden Dimick Library
Bel Air Market
Broadway Seniors Ctr.
Carefree Senior Living
El Faro Mex. Rest.
Eskaton Village
Ethel McCleod Hart Sen. Ctr.
Eye Surgery Center
Florin Health Care Ctr.
Foothill Farms Senior Ctr.
Florin Road Bingo
Grocery Outlet
Hellenic Senior Ctr.
Hillsdale MHP
Imperial Manor MHP
Jimboys Taco
Leatherbys Ice Cream

Little Joe's Café
Lowbrau Rest.
Luigi's Rest.
Mercy Hospital Main Entry
Mercy Hospital Pharmacy
Methodist Hospital
Mountain Mike's Pizza
Natomas Library
Old Spaghetti Factory
Raley's
Rosie's Country Kitchen
Sac Executive Airport
Sac Heart & Vascular
Sammy's Pancake
Sierra Vista Hospital
Silver Skillet
SRO-Senior Center
St Francis Sr. Residence
Sutter Health
Sutter Memorial
Safeway Market (Arden)
YUBA CITY
Suns Café
Ampla Health
Summerfield Senior Ctr.
Yuba City Post Acute Care
Sutter Estates
Bonanza Inn
Safe Save Pharmacy
The Fountain
Courtyard Assist. Living
Del Prado Mobile Home
City Hall
Lee's Canton Restaurant
Regency Medical
River Valley Bank
NuGeneration Bowling
Yuba City Moose Lodge
Grocery Outlet
Jefferson Healthcare
Raintree Car Wash
Yuba City Seniors Center
The Gardens
WHEATLAND
Wheatland Chevron
WEST SACRAMENTO
River Bend Senior Ct.
Carlos Restaurant
LaBou
WOODLAND
Grocery Outlet
California Assist. Living
Courtside Towers
St. John's Retirement Village
Woodland Senior Center
Acacia Glen Senior Apts
Ranch Kitchen
Willow Oak Grocery



GREATER SACRAMENTO AREA
page 2

Where to find Today's Senior Magazine

You can find us in local senior centers, retirement homes, restaurants, hospitals, casinos, retirement communities, banks, retail stores, assisted living locations, doctors and dental offices, and other locations that have a high concentration of senior customers or residences.

The North State Edition of Today's Senior Magazine, is distributed to these locations, plus throughout the **North Sacramento Valley** communities of Redding, City Of Lake Shasta, Palo Cedro, Anderson, Red Bluff, Corning, Orland, Chico, Paradise, Magalia, and Oroville, and in **North Coast** communities of Crescent City, Fortuna, Eureka, Arcata, McKinleyville, Klamath and Trinidad.